



Divine Services

Protestant	
Sunday Worship Service	10:30 a.m.
Sunday School (September thru June)	9:00 a.m.
Bible Study (East Wing)	
Wednesday 11:30 a.m. (September thru June)	
Thursday 6:15 a.m. Men's Prayer Breakfast	
7:00 p.m. Officers' Christian Fellowship	
Christian Military Fellowship	
Islamic	
Jumaa Prayer (Friday in Annex 4)	1:00 p.m.
Roman Catholic	
Sunday Mass	9:00 a.m.
Communion Service (Monday)	11:35 a.m.
Daily Mass (Tuesday thru Friday)	11:35 a.m.
Confession (Friday)	4:30-5:00 p.m.
Confession (Sunday)	8:15-8:45 a.m.
Religious Education Classes (Sunday)	10:30 a.m.
(September thru May)	
Jewish	
Weekly Services (Friday - East Wing)	7:30 p.m.
Adult Hebrew Lessons (Saturday in Annex 4)	9:00-10:00 a.m.
Sabbath School (Annex 4)	1:00-4:00 p.m.

Chaplain A. J. Smith, CDR, CHC, USN
Chaplain Claude R. Beede, LT, CHC, USNR
Chaplain Gregory E. Williams, LT, CHC, USNR
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Published by Chalfant Press
450 East Line Street
Bishop, CA 93514 (619) 873-3535



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The editorial content is edited, prepared and provided by the Public Affairs Office of the Naval Weapons Center, China Lake. Correspondence and material for publication should be addressed to: Editor, NWC ROCKETEER, Code 0033, Naval Weapons Center, China Lake, CA 93555-6001; telephone (619) 939-3354; E-Mail SEF:Rocketeer. Deadline for receiving stories and photos is 4 p.m. Tuesday for publication on Friday of that week.

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NWC's Wellness Corner

Stress and a healthy life

Given the rapidly accelerating pace of life today with one national crisis after another, an unpredictable job market, and social and political instability, one thing that touches us all is change. More and more Americans are moving; we eat on the run; we "grab" sleep when we can; we change jobs frequently; we change mates. Even those of us who stay put most of our lives have to contend with change.

The routine of our lives is constantly being revised. We have to filter incoming stimuli, assign them priorities and try to fit them into our own way of life. If we refuse or are unable to deal with this input, our circuits may become overloaded with massive life crisis and our systems are at great risk for a breakdown in function.

Alvin Toffler popularized this phenomenon several years ago under the general heading of Future Shock, which he defined as "the distress, both physical and psychological, that arises from an overload of the human organism's physical adaptive systems and its decision-making processes." This idea has been around for many years. Adolf Meyer, professor of psychiatry at Johns Hopkins, recognized this idea around the turn of the century and began keeping "life charts" on his

patients. They were abbreviated biographies that showed time and time again people tended to get sick around the time when clusters of major events took place in their lives. The concept was expanded in the 1940s and 1950s by the late Harold G. Wolff, professor of neurology and psychiatry at Cornell University Medical College, who studied intensively the life settings and emotional states surrounding many specific illnesses and symptoms.

In 1949, Dr. Thomas H. Holmes, after working with Dr. Wolff at Cornell, began to apply Dr. Meyer's life chart systematically to the case histories of more than 5,000 patients. A number of life change items were found to occur over and over and tended to cluster in the brief time period just prior to the onset of major illness. The items are listed in the chart shown below. They constitute various interactions of people with their environment and make up essentially all the changes in life situations that we have to deal with or reflect the fact that salient changes have occurred.

The numbers on the right-hand column of the chart represent the amount, duration and severity of change required to cope with each item, aver-

aged from the responses of hundreds of people. Marriage was arbitrarily assigned the magnitude of 50 points, and subjects then rated the other items by number as to how much more or how much less change each requires in comparison with marriage. For instance, the scale implies that losing a spouse by death (100) requires, in the long run, twice as much readjustment as getting married (50), four times as much as a change in living conditions (25), or nearly 10 times as minor violations of the law (11).

The more changes you undergo in a given period, the more points you accumulate. The higher the score, the more likely you are to have a health change. What's your own risk? Take a moment and add up the score for all the items that applied to you in the last year. If you scored below 150 points, you are on pretty safe ground—about one in three chance of serious health change in the next two years. Remember, you already have a 10 per cent chance of winding up in the hospital some time during the year. If you scored between 150 and 300 points, your chances rise to about 50-50. The odds on Russian roulette are better than that. If you scored over 300

(Continued on Page 6)

Author seeks help

Noted author and military historian, Eric Hammel, is presently collecting detailed, first-hand accounts of military actions by Navy people associated with the 1968 Tet Offensive for a book on the subject.

Anyone who was in Vietnam between January 29 and April 1, 1968, and who is interested in providing his or her accounts should contact Eric Hammel at 1149 Grand Teton Drive, Pacifica, CA 94044.

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CLASSIFIEDS

469 Motorcycles

1977 XT 500, excellent condition, only 2,300 miles \$500. Call 446-6808.

1982 Honda Silverwing, full luggage, fairing, low miles, excellent condition, \$1,300. Call (619) 375-7878 or 375-6453.

1986 KX 500 includes desert tank, wide power shocks, new rims, extra pipes, excellent condition, \$1,275. 446-3075.

1986 QUAD Sport, excellent condition, 5 speed with reverse, low hours, best offer. 446-3236.

1988 TRX 250R QUAD, excellent condition, comes with nerf bars, kill switch, 36mm Kiehan carb., race ready with head mods., \$3,000 or best offer. Contact, Robert or Kim Wilson, 446-5028.

New 1988 Suzuki motorcycles, all types, phone (619) 375-8606. Ask for Bob.

New Kawasaki motorcycles, all types. Ask for Bob (619) 375-8606.

Sailor bait, used motorcycles to the max, see them at Bob Foster's Super Cycles, 217 N. Balsam St., Ridgecrest, CA. (619) 375-8606.

See Bob Foster's Super Cycles for used motorcycles of all brands. Financing available (619) 375-8606.

USED BIKE Parts: parting out, 1982 GSX 650 Suzuki, 1979 RM 400, 370, 250. Box shocks, forks, DR 600 shocks, tanks, sprockets, 1975 MX 250 and parts. All for \$250 or part. Call Larry at 446-6344 after 5 p.m.

Used bike financing available to E-1 and above at Bob Foster's Super Cycles, 217 N. Balsam St., Ridgecrest, CA. (619) 375-8606. Ask for Bob.

Used motorcycles see them at Bob Foster's Super Cycles, 217 N. Balsam St., Ridgecrest, CA. (619) 375-8606. Ask for Bob.

473 Motorhomes & Campers

1972 11' self contained cabover camper \$850. 377-4755 eves and weekends.

1978 MINI-Motor home, LPG/110 refig., 3 burner stove/oven, good condition, sleeps 4, rear dinette. \$3,900 or best offer. 375-9253.

Perris Valley camper shell for small pick-up, carpeted, paneled. Call 375-2034.

473 Motorhomes & Campers

1981 5th wheel Hitchhiker by NuWa, 39', fully self-contained with W/D, microwave, storm windows, slide-out living room and many other features too numerous to list. Call (619) 375-1725 days or (619) 374-2481 eves.

1987 Palamino TXL hardside folding camper, will sell for balance owed. \$6,750. Call 446-4135.

USED Camper shell from \$195. 375-4405, ask for Max.

485 Autos for Sale

1965 BUG, 12 volt converted, motor apart, needs rebuilt. New Michelin steel radials, good transaxle, extra motor - apart, extra transaxle, extra wheels plus parts. All for \$675. 375-8155.

1967 Chevy El Camino, rebuilt engine and front end, with under 300 miles on it. Call 446-4848.

1972 Dodge Colt, runs good, looks good! \$700 or best offer. 375-4120.

1977 Honda wagon, runs great \$1,250. Call 375-1679.

TRYING To sell your car or truck? Leave it with us on consignment. We handle everything for you. Bud Eyre Used Car Lot, 375-4405.

485 Autos For Sale

1978 JEEP Wagoneer LTD 400, V8, p/s, p/b, a/t, a/c, cruise, leather, strong engine, new xler bottom, some rust, moving, must sell, hi book, \$4,400, go for \$2,750 or best offer. 446-4483.

1978 MERCURY Marquis, fully loaded, good condition. \$900 or best offer. 446-4713 after 5 p.m.

1984 PONTIAC Sunbird, 4 door, A/C, full automatic, asking \$4,000. Call 375-1638 after 6 p.m.

1986 Chevy Celebrity, loaded, very clean, low miles, make pay off \$8,682, no equity, must sell. 446-5073.

1988 MAZDA RX 7, Special Edition, a/c, p/s, p/b, am/fm cassette, 8,000 miles, take over payments, medical expenses forces sale. 375-7845 evenings.

1 in Buying Junk Cars. Speedway Auto Wrecking, 1567 Mahan St., 446-4592, ask for Mary. Hours Monday - Friday, 9 a.m. to 5 p.m. & Saturday, 10 a.m. to 2 p.m.

Old military style Jeep with 289 engine. 377-5894 evenings. \$1,300.

THE reasons why smart people buy from Charlon & Simolon Used Car Corner: Best prices anywhere, mechanic on duty; warranties available; financing available; trade-ins welcome; courteous after sales service. Call Dave or Dick at 375-1998.

485 Autos For Sale

WANTED: All late model Mustang GT's for Ridgecrest Mustang GT Club. Call 446-2743 after 4 p.m.

489 Trucks and Vans

1953 Military 4x4 Dodge \$1,400 - firm. 375-0450.

1969 CHEVY PU 1/2 ton, R/B #350, \$1,500. Call 375-1679.

1972 CHEVY Luv pick up with camper shell, \$1,500, will sell camper shell separately. 375-4058.

1982 Ford pick-up F-150, three speed overdrive, a/c, auxiliary tank, 91,000 miles, \$2,800 or best offer. 375-3494.

1983 GMC Jimmy S-15, Sport Truck, V 6, fully loaded, excellent condition, \$8,000 or best offer. 446-2141.

THE reasons why smart people buy from Charlon & Simolon Used Car Corner: Best prices anywhere, mechanic on duty; warranties available; financing available; trade-ins welcome; courteous after sales service. Call Dave or Dick at 375-1998.

493 Four Wheel Drive

1986 FORD, F350, 6.9 liter diesel, 4 x 4, 1 ton dualy, LX interior, cruise control, A/C, tilt, AM/FM cassette stereo. Asking \$1,500 down and take over payments. 873-4217.

497 Auto Repair

SPECIAL: This month only. Lube and oil change \$14. Most major brands. Free pick up and delivery from work. Call for appointment 375-3520, ask for Grago.

501 Parts & Accessories

FOR Sale: front air dam and head light covers for any new Pontiac Grand Am, asking \$150 or best offer. 450 Hubbard Circle, Brian.

Sunny W. Texas

Ideal for mobile homes, motorhomes or R.V.s. 1 1/4 acre, 165' x 330'. \$1995 full price. NO down payment, \$45/mo. 3 miles to Rio Grande River. Fantastic fishing & hunter area. FREE maps & photos.

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CLASSIFIEDS

353 Miscellaneous For Sale

Old oriental low table, half moon, legs, deeply carved center scene \$250 or make offer. Call 375-4859.

King size waterbed, excellent condition \$180, everything included. Twin size bed with drawers and mattresses, very good condition \$45. One chester drawers, good condition \$20, and one weight bench with weights \$35. Call 446-6778 after 4 p.m.

LARGE STOCK of new fuel pumps, water pumps and Goodyear hoses and belts. Pearson's Auto Parts in Pearsonville. 377-4585.

LOST A HUB Cap or need a set, head for Pearsonville, Hub Cap Capitol of the World. 377-4585.

Make Hawaiian Shave Ice At Home Machine, molds, and syrup for \$19.95. Call 375-9648/3211.

MOVING OVERSEAS, Kenmore large capacity digital microwave, \$200; Murray ten speed bike, \$40; Rock a Roo infant seat. 446-2661.

353 Miscellaneous For Sale

NEW VW BUG windshield, \$39.95 and up. Pearson's Auto Parts in Pearsonville. 377-4585.

SOLID Teak furniture: dining room table and china hutch \$1,000, dresser \$500, grandfather clock \$900. Call Nancy at 375-2731 or 446-2044.

Twin bed frame, headboard, box springs and mattresses, excellent condition \$100. Call 375-1726.

Two grandfather clocks, solid sherry wood, \$1,000. Solid oak \$900. 446-2692 after 3:00 p.m. ask for Frank.

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357 Pets

Young Cockatiels for sale. Two grey, two cinnamons. Just off the nest. Call 375-7475.

357 Pets

AKC Silky Terriers, champion bloodlines, show prospects, have shots, 3 males left. 446-5845 keep calling.

BEAUTIFUL Moluccan Cockatoo with very large rod iron cage, 2 years old, needs more attention than we can give, \$400. 446-5607 after 5 p.m.

Three dogs are too many. Seeking good home with large yard for Tasha, two year old female, half pure breed shepard, brindle colored, affectionate and energetic. Leave message 377-4701.

WELCH CORGI Pups AKC favorite of British Royalty. Small, sturdy & clean. 873-7653 or 873-7177.

361 Wanted to Buy

Looking for CO2 leg tapper, any reasonable price, non-working o.k. Call 446-7245.

369 Heavy Equipment

1980 825 BOBCAT Skidsteer Loader. Perkins diesel engine and all hydraulics, recently serviced and machine is clean and light. Included are: 1 dirt bucket and set of log forks. \$6,000 or trade on dump truck. 873-4217.

377 Homes for Sale

FREE... Weekly list of properties for sale by owner with addresses, prices, owner's phone #. Call 371-1005, HELP-U-SELL REAL ESTATE.

MARKEK'S POPULAR FLOOR PLAN
By owner, 3 bedroom, 2 bath, spacious home in Northwest location, front yard landscaped with fully automatic sprinklers, dual air conditioning, fireplace, living room, family room and inside laundry, brand new vertical blinds and carpet, assumable loan. Call 375-3194 after 2:30 p.m.

377 Homes for Sale

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381 Condos for Sale

DEETER Condo, 2 bedroom, 1 1/2 bath, nicely decorated, fireplace, garage, pool. By owner, \$66,500. 446-6228.

385 Mobile Homes For Sale

Owner transferred, must sell 1986 double wide mobile home 24' x 63', many extras, excellent condition, \$44,000. Call 446-4135.

425 Apartment for Rent-Furn.

10 x 55 ONE Bedroom, furnished, \$350 a month, close to all shopping. 375-5954.

FURNISHED, Good for singles, \$400, 1 bedroom, utilities paid, no pets, Gala Apts., 124 E. Dolphin. 375-9124.

SUPER Clean, 1 bedroom furnished, Secure, quiet area, close to everything. Only \$295. 375-5954.

429 Apartment for Rent-Unfurn.

WHAT'S new in Ridgecrest? Large spacious 2,3,4 bedroom. Individually fenced yards, loads of open space. New carpeting, flooring, cabinets, swamp coolers and dishwashers. Pool, spa, children play area and night lighted tennis court. Save 1 month rent with a 6 month lease. Prospect Park Village, 401 Toro, 375-9617.

429 Apartment for Rent-Unfurn.

AFFORDABLE, unfurnished 1, 2 & 3 bedroom duplexes available for immediate occupancy, pool, some utilities paid, centrally located, close to base and schools, free cable installation and hook up. 375-3230.

437 House for Rent Furnished

SENIOR Citizen. Lowest rent in Ridgecrest. Furnished unit, close to shops. 375-5954.

SUPER Clean, 1 bedroom furnished. Secure, quiet area, close to everything. Only \$295. 375-5954.

441 House for Rent Unfurnished

TWO Bedroom house with refrigerator and stove. Phone, 446-5422.

445 Room for Rent

NEEDED someone to share rent & utilities in a two bedroom duplex. Quiet area, close to fairgrounds. Male or female, non-smoker, no drugs, no pets. \$100 security deposit, call Pat 375-5954 after 6 p.m.

449 Space for Rent

CARPETED Offices & tiled shop spaces. Richmond Road Professional Buildings. 1000 sq.ft. per suite. Easy access to NWC South Gate. \$500 p/mo. M2 Zoned. Call collect (602)855-3670.

TRAVEL Trailer space, Mobile Home space, close to all shopping, 210 W. Haloid. 375-5954.

450 Resort Rental

4 SEASONS VACATION REFERRALS, Lake Tahoe & Hawaii, owner direct, no fee. 800-832-1414.

453 Wanted to Rent

HANDICAPPED Person in wheel chair needs 2 bedroom, 1 bath home that allows cat and dog. Need by July 7 or sooner under \$500. Call Cindy at 375-7577 or 371-1142.

461 Mobiles for Rent

TRAVEL TRAILER Space, mobile home space, close to all shopping, 210 W. Haloid. 375-5954.

465 Boats

Tri-Hull, 15.3 ft., 35 hours, Evenrude, trailer, extras, \$3,400. 377-5155 anytime.

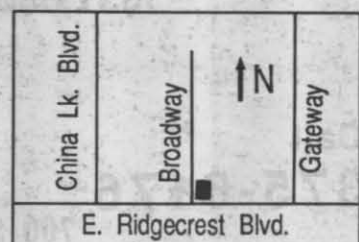
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The Skipper Sez...

QUESTION

Civilian employee — I am just calling about my concern over the recent accidents we have been having lately at the main gate partly due to the lack of safety on the part of drivers. But there is also the hazardous condition of turning towards the airfield of the two lanes — there is not a free, unobstructed view of oncoming traffic at times. I was wondering if something could be done to alleviate the traffic hazard. Thank you.

ANSWER

Thank you for your concern. The problem mentioned will be resolved later this year when China Lake Boulevard is extended to the north, tying into Sandquist Road just south of Blandy, and the portion of Sandquist Road between this tie-in and Inyokern Road removed. The intersection of China Lake Boulevard and Inyokern Road will be controlled by traffic lights, thus making it easier and safer to get to the airfield.

All China Lakers, including military personnel, civilian employees and their dependents, are invited to submit questions to this column. Such queries must be in good taste and pertain to matters of interest to a large segment of the China Lake community. Answers to these questions are directly from Capt. John Burt. Please call NWC ext. 2727 with your question and state whether you are a military member, civilian employee or dependent. No other identification is necessary. Since only three or four questions can be answered in the Rocketeer each week, anyone who would like to ensure getting an answer to a question may leave name and address for a direct contact, but this is not required otherwise. There is no intent that this column be used to subvert normal, established chain-of-command channels.



SAFE FLYING—Capt. Eric Vanderpoel II, commanding officer, VX-5, cuts into the 25,000 hour milestone cake. Photo by PH3 Gaston



Military News



TOP PRIZE—Petty Officer Jose Zamora (left) is joined by Pat Casey of Unisys and Capt. Eric Vanderpoel II, of VX-5, as the top NRS drive prize is handed out. TID Photo

NRS wins big with effort

China Lakers enriched the Navy Relief Society by more than \$19,000 during the 1988 NRS fund drive. The final figures show, after expenses, the drive collected \$19,431 from military and civilian personnel at China Lake.

Recently, Petty Officer Second Class John Zamora received the 1988 grand prize, a Unisys personal com-

puter. On hand to make the presentation was Pat Casey, Unisys vice president, and Capt. Eric Vanderpoel II, commanding officer of Air Test and Evaluation Squadron Five (VX-5), Petty Officer Zamora's duty station.

A native of Greenspring, Ohio, Petty Officer Zamora recently earned Sailor of the Month honors from

VX-5 and Sailor of the Quarter honors from the Naval Weapons Center.

Unisys donated the personal computer as the top prize for the 1988 NRS drive. Petty Officer Zamora thanked the firm noting, "It helped raise so much money for such a worthy cause."

New dungarees need right care

WASHINGTON (NNS)—Recent questions concerning the streaking and fading of the new flame retardant treated (FRT) dungarees indicate a perceived quality deficiency with the uniform.

The FRT dungarees, which became available to all personnel in 1985, are indigo-dyed, 100-percent cotton denim. The fabric and dyeing process used in making these dungarees is also used by well-known, commercial "blue jeans" companies. The only difference is that a chemical

treatment is used to add fire retardant properties to the natural cotton fibers.

To help extend the "life" of the dungarees, follow these laundry tips:

—Wash and dry the dungarees inside out. This will minimize streaking.

—Use any commercial brand of laundry detergent, but do not use bleach. Use of bleach may cause "white blotches" on the dungarees.

—Be sure to check the pockets for any objects. It has been found that objects in pockets do leave streaks in the dungarees.

—Note that the dungarees, because they are indigo-dyed, will fade with every washing.

If these tips are followed, the FRT dungarees should retain their military appearance for some time. If there is a quality problem, however, return the dungarees to your uniform center. As with any quality assurance program, deficiencies must be reported and verified. Without the deficient item to identify the problem and the manufacturer, it makes it difficult to correct the problem.

Safe flying with Vampires

Members of Air Test and Evaluation Squadron Five (VX-5) were honored by the chief of naval operations (CNO) and the commander, Light Attack Wing, Pacific (LATWINGPAC), for their efforts in aviation safety.

The men and women of the China Lake-based squadron recently received the 1987 LATWINGPAC Foreign Object Damage Award and

the 1987 CNO Aviation Safety Award.

These honors came on the heels of recording 25,000 safe-flying hours over the past four-and-a-half years. The squadron flies and maintains an average of 24 tactical aircraft consisting of seven different types and 12 individual models.

To reach the 25,000-hour milestone and win the prestigious awards,

squadron personnel had to maintain an aggressive and professional approach to maintenance on the aircraft.

Lt. J. M. Lynch, VX-5 safety officer, said "the squadron, as a whole, has made outstanding contributions to fleet combat readiness through education and preservation of precious aircraft assets."

Knox Road repairs scheduled

Construction on a new drainage system for Knox Road south of the traffic circle will begin next week and require a detour between July 6 and July 22.

Traffic will be rerouted on Bowen Avenue, Parsons Road and Forrester Street during the construction period.

RCTV Program Guide Ridgecrest Television (Desert Cable-Channel 3)

FRIDAY, July 1

11:45 am—The Ridgecrest Report
4:00 pm—Food Saver
5:00 pm—Heartbeat
5:30 pm—Lester Rowntree:
Hardy Californian
6:30 pm—The Ridgecrest Report
Local News starring Kevin
McKay & Craig Fox
7:00 pm—Navy News
7:30 pm—The Ridgecrest Report
8:00 pm—Soloflex Brochure

Saturday, July 2

2:00 pm—Soloflex Brochure
3:00 pm—Soloflex Brochure
4:00 pm—Food Saver
5:00 pm—Soloflex Brochure
6:00 pm—Soloflex Brochure
7:00 pm—Food Saver

SUNDAY, July 3

12:30 pm—Services from St.
Michael's Episcopal Church
3:00 pm—Soloflex Brochure
4:00 pm—Food Saver
5:00 pm—Soloflex Brochure
6:00 pm—Soloflex Brochure
7:00 pm—Soloflex Brochure
8:00 pm—Food Saver

MONDAY, July 4

HAPPY FOURTH OF JULY!
10:00 pm—Soloflex Brochure
11:00 pm—Food Saver

TUESDAY, July 5

4:30 pm—Food Saver
5:30 pm—Pushin'
6:30 pm—The Ridgecrest Report
7:00 pm—Soloflex Brochure
(Part 1)
7:30 pm—The Ridgecrest Report
9:00 pm—Soloflex Brochure

WEDNESDAY, July 6

11:45 am—The Ridgecrest Report
4:00 pm—Food Saver
5:00 pm—Heartbeat
5:30 pm—European Roots
6:30 pm—The Ridgecrest Report
7:00 pm—City Council
10:00 pm—Soloflex Brochure

THURSDAY, July 7

11:45 am—The Ridgecrest Report
4:30 pm—Food Saver
5:30 pm—King of Spain
6:30 pm—The Ridgecrest Report
7:00 pm—Soloflex Brochure
(Part 2)
7:30 pm—The Ridgecrest Report
8:00 pm—Stock car races
starring Dave Grayson &
Donna Lingel
10:00 pm—Soloflex Brochure



WELCOME ABOARD—
Lt. Gen. Edwin Godfrey, commanding general, Fleet Marine Force, Pacific, was welcomed to the Naval Weapons Center by Col. Roy Edwards, NWC Marine Corps Liaison Officer and Capt. Eric Vanderpoel, II, commanding officer of VX-5. Joining General Godfrey for the visit was his wife, Jean.

Photo by PHAN Cary Brady

CHAMPUS families can reap savings

Cost savings and more health care choices are in the offing for eligible families in California and Hawaii who use either the new CHAMPUS Prime or CHAMPUS Extra plans under the upcoming CHAMPUS Reform Initiative test project.

Participation in CHAMPUS Prime and CHAMPUS Extra is voluntary. Both programs are open to persons who are otherwise eligible for CHAMPUS benefits in California and Hawaii, but people also have the option of continuing to use the standard CHAMPUS program as it currently exists.

In the case of CHAMPUS Prime,

they must also live in a CHAMPUS Prime service area. These service areas include the island of Oahu in Hawaii and the service areas of most military hospitals in California.

Military hospitals in California around which CHAMPUS Prime will not be offered are those at Castle, Vandenberg and Edwards Air Force Bases; Weed Army Hospital at Fort Irwin; and Naval hospitals at Lemoore and Twentynine Palms.

CHAMPUS Prime requires enrollment for a year at a time during which period the enrollee will receive all care from the CHAMPUS Prime network of designated health care pro-

viders or from military providers of care. In addition to offering reduced out-of-pocket costs to families and no claims filing, CHAMPUS Prime also features more benefits than standard CHAMPUS or CHAMPUS Extra, such as periodic physical exams and pap smears.

CHAMPUS Extra offers the same benefits as standard CHAMPUS but also offers discounted cost-shares and no claims to file. People don't have to enroll in CHAMPUS Extra to receive the plan's discounts. They just have to seek care from a health care provider who's part of the CHAMPUS Extra network.

All CHAMPUS-eligible families currently registered on the Defense Enrollment Eligibility Reporting System (DEERS) with addresses in California and Hawaii will receive a letter in June announcing the availability of the new programs. For those who live in areas where CHAMPUS Prime will be available, the letter will include a postcard that can be returned for more information, including an enrollment application and instructions on how to enroll. Those who are outside of "Prime" service areas will be sent information on the CHAMPUS Extra program and on providers who may be available to provide care near where they live.

Wifeline Association established network

Washington (NNS) — The Navy Wifeline Association is establishing a Navy-wide network of area ombudsman coordinators and councils.

To establish the network, Wifeline requests commands having coordinating responsibility for ombudsmen councils identify a military point of contact (POC), such as the Command Chaplain, Command Master Chief, etc. A military POC is needed to achieve continuity.

Isolated commands having an ombudsman who does not belong to a council are strongly encouraged to respond also.

Commands are requested to respond by mail before June 30. Send the military POC's title, command mailing address and the number of council members to Director, Navy Family Support Program (NMPF-66), Attn: Ms. Decker, Department of the Navy, Washington, D.C. 20378-5660.

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SAVE \$\$\$ on towing at Pearsons Towing, Pearsonville. 377-4585 days, 377-4059 nights & Sunday.

313 Personals

A great place to show your product or service to approximately 45 thousand people is at the Desert Empire Fair, Sept. 14 thru 18. Contact Gail for information. 375-8000.

BEST Food Bargain in Town! Spaghetti Feed, July 10, 5 to 8 p.m. at Eagles Hall, 301 West Ridgecrest Blvd. Hosted by Oasis Garden Club of Indian Wells Valley. For more information call, 377-5347, 377-5366.

CHILD CARE, any age, daytime, Monday thru Friday. 446-3954.

DO you like to do crafts? Do you like to receive free gifts? Or do you want to learn how to do stichery? Then call Dorothy at 375-6292 after 4 p.m.

HEY KIDS! Hear a free bible story. Call 375-5381. Story changes every Friday.

Is a friend or loved one's drinking or drug use affecting your life? Making you crazy? Call AL-ANON, 375-3251.

Looking for CO2 keg tapper, any reasonable price, non-working o.k. Call 446-7245.

OVEREATERS Anonymous has meetings on Monday and Thursday nights from 7:30 to 9:00 p.m. Please join us. For more information call 446-5898.

TOPS - Take off Pounds sensibly. Come join us at our new location - 803 Ellis or call Lynne at 375-7593. Meetings start at 8 a.m. every Wednesday.

WANTED: All late model Mustang GT's for Ridgecrest Mustang GT Club. Call 446-2743 after 4 p.m.

317 Professional

CALL JOE for all of your commercial and residential cleaning needs. Windows, floors, carpets. If it can be cleaned, I'll clean it! 375-3520.

Custom auto upholstery, satisfaction guaranteed. Reber Upholstery, 375-6446.

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325 General Services

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HANDYMAN 30 Years experience, Free estimates! Carpentry and painting, light plumbing and electrical, drywall and roof patching, yard work and light hauling. All repairs guaranteed. Lic. # 930472. 377-5581.

IWV Humane Society Pet Placement program has many nice animals to adopt into new homes. Call 375-9302 and talk with Mary or leave a message and your call will be returned ASAP.

SEWING Machine and vacuum cleaner repairing at old time prices and with old time service by an old timer. Call Howard Butler at 375-6075. Free pick up and delivery in this area.

Slim Patch update, 19 lbs. lost in one month, 8 lbs. lost in one month, 12 lbs. lost in one month. Many men and women getting slim. Call Dixie 377-5152 or Brenda 375-1959. Also non-smoking Patch.

333 Help Wanted

BURGER King is hiring cashiers and closers, permanent part-time. Apply in person at 139 North China Lake Blvd.

333 Help Wanted

MECHANIC, must have experience and tools, full time position. Inquire at High Sierra Auto & Truck Repair, 501 W. Ridgecrest Blvd., 375-4123.

337 Work Wanted

CHILD care, full or part-time, any hours, weekdays or weekends, low prices. 446-7935.

GRANNY'S WORLD - Licensed day care home accepting children ages 1 - 3. Hours 6:45 a.m. - 5:00 p.m. Located on base. Call 446-4416 for more information.

LOVING mother offering child care, Monday - Friday, full time only. 446-2242.

TWO teenaged brothers desire yard and animal care jobs. 375-8744.

341 Appliances

NICE portable dishwasher \$75. 375-1276.

349 Livestock

BEAUTIFUL Arab colt, excellent temperament, ready for work. Call 377-3109.

Pony & Cart with harness, gentle but loves to go 377-5894. \$450.

353 Miscellaneous For Sale

19 INCH Color RCA TV, \$150 or best offer. Call 446-4181 after 5 p.m.

353 Miscellaneous For Sale

\$35 AND UP, used doors, fenders or hoods. Pearson's Auto Part & Wrecking on Hwy. 395. 377-4585.

Cerro Coso text books - Introductory Algebra, 5th edition (Math 70), \$25; Intermediate Algebra, 5th edition (Math 50), \$35. 375-9589.

Couch and loveseat, brown/tan plaid, good condition, \$100 for both. 375-6470 after 3:30 p.m. & weekends. Before 3:30 p.m. Friday 375-1391.

FOR Sale: front air dam and head light covers for any new Pontiac Grand Am, asking \$150 or best offer. 450 Hubbard Circle, Brian.

For Sale - 19" color RCA T.V. \$150, two years young, works great. 375-0450.

FULL Size bed, couch from motor home (slides into a double bed), Cal. 380 9 mm Kukrz back up. Call 446-3051 anytime.

Golf clubs. Complete set of woods and irons with bag and cart \$225. Call 375-0310.

Hitachi two channel 35 MHz Oscilloscope, complete with probes and manuals \$450. Automotive analyzer/oscilloscope. Complete. \$450 call 375-9589.

Original MGM Grand Hotel love seat, excellent condition, \$75. 446-6808.

SAVE \$\$\$ on auto parts, hub caps & windshields. Pearsons Auto Parts & Wrecking, Hwy. 395, Pearsonville. 377-4585.

353 Miscellaneous For Sale

NICE Portable dishwasher \$75. 375-1276.

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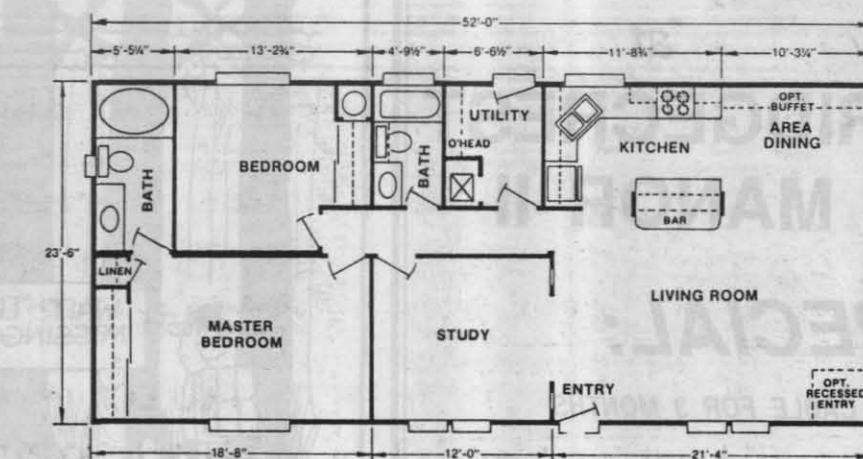
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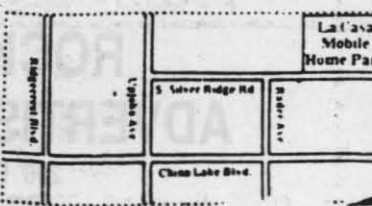
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Cerro Coso sets fall dates Deadline for tuition support August 1

Cerro Coso Community College has established registration for fall courses on August 8 and 9 for continuing students. Registration for continuing students and new students will be on August 10, 11, 15 and 16. Fall schedules will be available in the Training Center's lobby.

The Naval Weapons Center (NWC) will pay the full tuition for employees enrolled in courses provided under the NWC/Cerro Coso contract. If employees can show courses are job-related or will strengthen their contributions to the Center's mission, their tuition will be paid directly to the college by Code 094.

To apply for Center tuition support, an applicant must submit a DD Form 1556 (Request, Authorization, Agreement and Certification of Training and

Reimbursement) via department channels to Code 094.

If a course is not directly job-related, along with the DD Form 1556, the application should submit NAVWPNCEN 12410/66 (Academic Enrollment Justification) and NAVWPNCEN 12410/68 (Individual Development Plan) describing how the course fits into his or her overall career plan and how attendance at the course will strengthen the applicant's contribution to the Center's mission.

Anyone not yet a California resident should include a statement from his or her supervisor indicating the negative impact to NWC of postponing the training until residency is established.

Code 094 will return the approved DD Form 1556 to the

applicant, who then must take it to Cerro Coso while registering in order for NWC to pay the tuition.

A DD Form 1556 is not required for co-op students. They should simply inform the registrar they are co-op students when registering.

Requests for tuition support must be received by close of business August 1 so they may be processed and returned to applicants in time for registration. Those received after that date will be returned and the employee will either have to pay the tuition or wait until another semester to register and resubmit the request for tuition support. Employees who pay tuition will not be reimbursed.

For more information, call Cecil Webb, NWC ext. 2648.

Luncheon planned for dean

Dr. Harry Kelsey Jr., Dean of the School of Business and Public Administration California State University, Bakersfield (CSUB), will be retiring in July.

A luncheon will be held in his honor on July 7 from 11:30 a.m. to 12:30 p.m. at the Officers' Mess.

Former students, acquaintances

and others who are interested in attending Dean Kelsey's luncheon should contact Cyndi Jones or Cecil Webb at NWC ext. 2648 by the close of business on July 6.

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China Lakers push MIPIs

Last week saw the total number of Model Installation Program Initiatives (MIPIs) submitted by Naval Weapons Center (NWC) personnel reach 402!

MIPIs are new and innovative ideas that focus on the elimination of rules and regulations that are barriers to better and more effective ways of doing business.

MIPIs can promote management flexibility, delegate increased authority to the Commander and provide improved services needed by our people to accomplish the mission. They represent an opportunity for every employee to contribute to the betterment of their working environment.

Status of NWC MIPIs as of Friday, June 24. Presently, for MIPIs which requested waivers from higher level, NWC's approval rate is 84.8 percent, the best track record in the Navy!

Why? Because we are more interested in "quality" MIPIs that are thoroughly staffed rather than the "quantity" of MIPIs processed. China Lake takes pride in the fact that we submit ideas that are difficult to disapprove because they are good ideas and have DOD or Navy-wide application.

"Resolved locally" on the scoreboard means the originator of the MIPI has received a satisfactory resolution to the problem without taking the MIPI to the Commander for final disposition.

"Withdrawn" MIPIs are those that the originator has decided to terminate for one reason or another. Usually this occurs when the MIPI has received recommendations for disapproval by numerous reviewers. In these situations, the Model Installation Program analyst contacts the originator and discusses the disapproval recommendations along with the various alternatives. Based on this information, the originator may choose to withdraw the MIPI rather than pursue the issue up to the Commander. Remember, only the NWC Commander can officially disapprove your MIPI!

(Continued on Page 6)

Magazine featuring Navy role

Washington (NNS) — Copies of the June 1988 issue of *All Hands Magazine*, which highlights the role of women in the Navy, are now available through Naval Military Personnel Command.

The magazine also provides detailed information on recent policy developments likely to affect the careers of Navy women.

To obtain copies, write to Naval Military Personnel Command.

NWC MIPI SCOREBOARD

On Center Action	
NWC approvals	99
Resolved locally	60
Withdrawn	95
Pending locally	122
Disapproved by NWC	26
Off Center Action	
Approved	67
Disapproved	12
Pending	12

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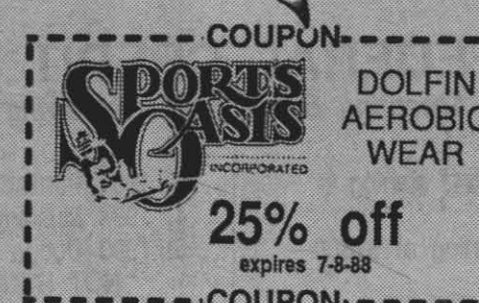
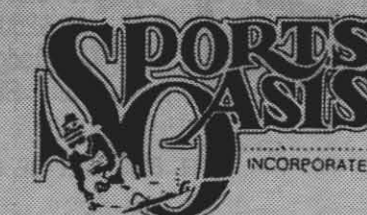
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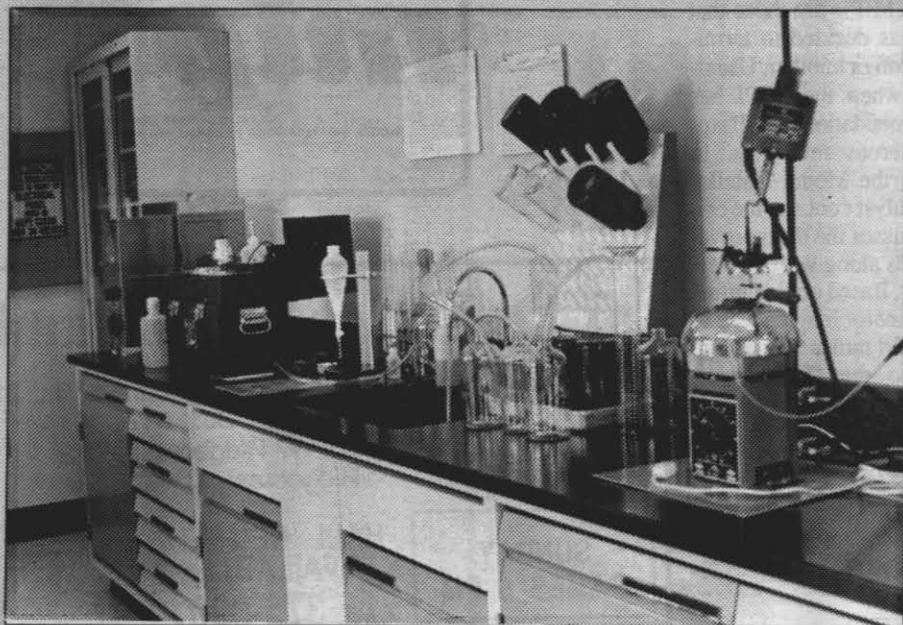
Watch for more information on our skateboard contest on July 24th.



1353-G Inyokern Rd. (Behind Cal-Gas)

446-4700

New aviation fuel test lab opens



NEW LAB—Aviation fuel used in aircraft of the Naval Weapons Center and Air Test and Evaluation Squadron Five can be tested for contamination and flash point thanks to a new fuel test lab operated by the Aviation Fuel Facility of the Supply Department. Photo by PHAN Cary Brady

With the formal ribbon cutting ceremony out of the way, the new Aviation Fuel Test Laboratory is open for business. Construction of the new facility was completed on June 14 and on June 22 it became fully operational.

The Aviation Fuel Facility Branch of the Naval Weapons Center's (NWC) Supply Department is managed by Reuben Gomez. The fuel storage facility and the new lab are operated by employees of the Maytag Aircraft Corp. Jimmie Drum is the contractor's manager and Richard Rodriguez is the fuel inspector responsible for operation of the new lab.

With the new facility and equipment, fuel will be tested for contamination, flash point, fuel system icing inhibitor and volatility.

Joining Gomez for the ribbon cutting last week were Petty Officer James Allison, military fuel specialist; Rodriguez; Lt. P.B. Gross, head, Aviation Supply Division; and Capt. Robert Dropp, NWC director of supply.

Wellness: Stress value

(Continued from Page 2)

points, be sure your health insurance is paid up — your chances are almost 90 percent.

(The sources of this article are *The Social Readjustment Rating Scale, Journal of Psychosomatic Research 11:213-218, 1967*, and Dr. Holmes, University of Washington, School of Medicine)

Written by Bernard A. Maki for the Wellness Program

1. Death of spouse	100
2. Divorce	73
3. Marital separation	65
4. Jail term	63
5. Death of close family member	63
6. Personal injury or illness	53
7. Marriage	50
8. Fired at work	47
9. Marital reconciliation	45
10. Retirement	45
11. Change in health of family member	44
12. Pregnancy	40
13. Sex difficulties	39
14. Gain of new family member	39
15. Business readjustment	39
16. Change in financial state	38
17. Death of close friend	37
18. Change to different line of work	36
19. Change in number of arguments with spouse	35
20. Mortgage over \$10,000	31
21. Foreclosure of mortgage or loan	30
22. Change in responsibilities at work	29
23. Son or daughter leaving home	29
24. Trouble with in-laws	29
25. Outstanding personal achievement	28
26. Wife begins or stops work	28
27. Begin or end school	28
28. Change in living conditions	25
29. Revision of personal habits	24
30. Trouble with boss	23
31. Change in work hours or conditions	20
32. Change in residence	20
33. Change in schools	20
34. Change in recreation	19
35. Change in church activities	19
36. Change in social activities	18
37. Mortgage or loan less than \$10,000	17
38. Change in sleeping habits	16
39. Change in number of family get-togethers	15
40. Change in eating habits	15
41. Vacation	12
42. Christmas	12
43. Minor violations of the law	11

Housing:

Grass, gardens need attention to remain green and healthy

Housing says... How does your garden grow? It takes know-how to be a successful gardener and correcting common misconceptions can make the difference. Some of the healthiest plants are those that have the benefit of simple, consistent attention. One misconception is to always keep the soil surface moist. This keeps plants and gardens from getting the air they need. Before watering your flowers or garden, put a finger about one to two inches beneath the soil to test the dryness. The water should go far beyond the surface, making sure the roots are full-moistened.

Annuals bring maximum color to a garden in minimum time in every color or imaginable. Most of them are inexpensive, come in all shapes and sizes and are easy to grow.

Remember to water lawns, flowers and gardens early morning or evening for best results. Evening watering is recommended for least evaporation.

Grounds should be completely saturated in 20 to 30 minutes. Keeping plants and lawns alive in the high desert takes careful watering practices. Water is our most precious commodity and must be conserved.

MIPIs still sought here

(Continued from Page 5)

Finally, there are 122 MIPIs being processed on-board the Center. These are still undergoing review and research. While time is an essential element when processing a MIPI, "getting it right" is just as important. The majority of MIPIs cover tough issues and require some digging and discussion by the action code. All MIPI originators are granted unlimited "nagging" privileges until their MIPI receives final action.

Club dinner

On July 10, the Oasis Garden Club will host a spaghetti dinner from 5 to 8 p.m. at Eagles Hall, located at 301 W. Ridgcrest Blvd. Tickets, \$4 for adults and \$2.50 for children 12 and under.

All proceeds will go to help defray the cost of sending Marilee Ray, immediate past president of the Oasis Garden Club of Indian Wells Valley, and her co-chairman, Wanda Hewett, to Washington, D.C. Ray and Hewett were invited by the Secretary of Interior, Donald Hodel, to Washington, D.C., to receive a certificate of merit won by the garden club.

Personnel development...

(Continued from Page 18)

Scope: Topics include introduction, hardware description, desktop, icons, file and disk management, text editing concepts, scrapbook, MacWrite, MacPaint, MacDraw and a class project.

Note: Enrollment restricted to users of currently installed Macintosh computers.

Deadline: July 5.

INTRO TO VAX/VMS FOR BEGINNERS (20 hours)



July 18-22, 0800-1130, Training Center. By Daryl Vaughn, Code 094.

Prerequisite: Some familiarity with computer terminals.

Scope: Topics include logon/logoff, use of command line construction, file specifications, phone and mail utilities, wild cards, digital command language (DCL) commands, directory hierarchies, file protection, symbols and logicals, and the VAX editor (EDT).

Note: For beginning VAX users who are nonprogrammers. Enrollment preference will be given to users on installed VAX systems.

Deadline: July 5.

BUSINESS SYSTEMS ANALYSIS AND DESIGN (50 hours)

Self-study; Training Center, Room 100. By Control Data Corporation.

Prerequisite: Previous knowledge of basic computer concepts and systems analysis tools.

Course Objectives: You will learn to understand the tasks involved in designing, developing, implementing

and evaluating a business information system and how to apply this knowledge of system design to case studies.

Presentation Method: PLATO. Note: Enrollment Form 12410/73 is required.

FUNDAMENTALS OF SYSTEM DEVELOPMENT (30 hours)

Self-study; Training Center, Room 100. By Control Data Corporation.

TSP open season ends July 31

Another Thrift Savings Plan (TSP) open season started May 15 and closes July 31.

New TSP booklets have been distributed to all employees. Individuals who have not received a copy of this booklet should contact

their department office. Election forms processed by July 1 will be effective the first pay period in July — July 3. Enrollment forms received on or after July 3 will be effective the beginning of the following pay period.

Employees wanting to change their current enrollment election, or begin participation in the TSP,



should contact their Personnel Management Advisor (PMA) to schedule a time to come in and complete the election form.

For more information, employees should call their PMA, or Virginia Spille at NWC ext. 2592.

Video available

Naval Weapons Center's Training Center now has "The Roger Berg Story" video for check out or viewing at the Training Center by individuals, especially department heads and work groups.

This "ethics" film is a 25-minute video (on 3/4" and VHS) which is intended to stimulate discussion. No answers are given. It deals with conflicts, values, decisions and business ethics. The objectives are to make viewers aware of their own and other people's values and to increase each viewer's awareness of personal and organizational values as major factors in decision-making.

To reserve "The Roger Berg Story," contact Debbie or Marie at NWC ext. 2451.

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Now Accepting Bids On The Following Vehicles:

1) 1979 Chevy Cheyenne ¾ 4x4, starting at \$2500—FAIR	3) 1981 Pontiac TA, starting at \$2300—FAIR
2) 1977 Dodge PU w/shell, starting at \$1800—NOT RUNNING	4) 1984 Mustang SVO, starting at \$4500—FAIR
	5) 1983 Dodge 2.2, starting at \$1000—NOT RUNNING

ALL BIDS WILL BE CONSIDERED. Vehicles may be seen at the base office 1:30 p.m. - 4:30 p.m. Monday thru Friday, except holidays. For information please call the Collection Dept. at 446-6521

1981 Fuqua Prestige 24x56 in park in Lancaster
1985 Champion 28x60, to be moved—Lake Isabella/Bodfish Area

For information on mobiles, please call Loren Lilly at 446-6521 1:30 pm to 4:30 pm, Monday thru Friday, except holidays. ALL BIDS WILL BE CONSIDERED.

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375-1308

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Secretarial

(Continued from Page 17)
not guaranteed. Status eligibles may apply.

No. 32-006, Secretary (Typing), DG-318-1/2, Code 3273 - The incumbent will provide secretarial support to the Weapons Power Systems Section (Code

32731) and the Systems Technology Branch (Code 3273) and typing support to the Vertical Launch ASROC Program Office (Code 327V). Promotion potential to the DG-2 level. Status eligibles may apply.

Four approved to become recipients

Employees indicated below have been approved to become leave recipients under the Leave Transfer Program. These employees have exhausted annual and/or sick leave because of personal emergencies and will be in a non-pay status for at least ten days. Employees who wish to help a leave recipient may donate annual leave to the employee. NAVWP-NCEN NOTICE 12630 provides specific information regarding how to donate annual leave.

Glen L. Linden, Facilities Management Specialist, Code 2634 — has been hospitalized for thirty days. He has exhausted his leave (both sick and annual) as a result of the condition which led to his hospitalization. He is the primary source of income for his family. The loss of income is a severe hardship for his spouse and family.

Michelle A. Marcus, Engineering Technician, Code 3941 — is suffering from acute leukemia and has been undergoing chemotherapy. She is presently in remission and will be needing a marrow transplant. Her annual and

sick leave is exhausted. It is anticipated she may return to work full time in August or September.

Trudy A. Martinez, Purchasing Agent, Code 25224 — had a severe illness in November 1987 which exhausted all sick and annual leave. She underwent cataract extraction with intraocular lens implant in the left eye on February 2. She will be off again due to cataract extraction and intraocular lens implant in the right eye from June 21 to July 21. Her income is her sole support for all her financial needs, and she has exhausted both her annual and sick leave. The doctors prognosis is good, and she is looking forward to being able to perform her job to the best of her ability.

Thomas R. Boyd, Visual Information Specialist, Code 3414 — has undergone extensive abdominal surgeries. He has been off work since February; he has exhausted all of his annual and sick leave. It is anticipated he will be able to return to work in June.

Pre-retirement seminar planned at NWC for August 8, 9 and 10

On August 8, 9 and 10, a pre-retirement planning seminar will be held for Naval Weapons Center's (NWC) civilian employees considering retirement within the next five years.

The seminar is designed to provide a wide range of information on such subjects as tax regulations, the retire-

ment systems, Social Security and Medicare, financial planning, health maintenance and various aspects of retirement.

Employees interested in attending this seminar should submit an on-center training request and authorization form via department channels

to Code 094 by July 15. Please indicate estimated date of retirement on the training request. The seminar will be limited to 50 employees. Spouses of enrollees are also encouraged to attend.

For more information, call Virginia Spille at NWC ext. 2018 or 2592.

Soldering classes set

Two 40-hour high-reliability soldering courses will be held from July 11 through 15 from 7 a.m. to 4 p.m. and from 4 p.m. to 12:30 a.m. at 543 Graaf Street.

These courses are for government personnel needing certification to WS-6536 as inspectors or operators. The requirements for the course are (1) previous soldering experience and

(2) a current eye examination.

To be scheduled into class, contact Soldering Technology Training, Code 36814, 446-5571.



personnel development opportunity

MAKE YOURSELF MEMORABLE: COMMUNICATING WITH STYLE AND SKILL (4 hours)

July 22 (Friday), 0830-1130 and 1300-1600 (2 sessions), Training Center. By Kare Anderson.

Intended Audience: Clerical/Administrative workforce.

Scope: Topics covered include: What Makes a Positively Memorable First and Lasting Impression? Seven Second Rule Speaking to Be Remembered (Perfect a Quick Hit)

The Way Leaders Move & Sound Columbo Style "Yes" Triggers of Influence

Third Party Endorsement: Honor Others, Honor Yourself

Merging Prism of Past and Future to Make Yourself Memorable Presentation Method: Lecture.

Note: Enrollment Form 12410/73 is required. Please be sure to indicate which hours you desire on the training request.

Deadline: July 12.

UNIX AND "CSH" SHELL (40 hours)

August 1-5, 0800-1600, Training Center. By the Computer Technology Group.

Prerequisite: Computer experience, using the VAX. Prior programming knowledge helpful.

Intended Audience: Programmers who need an introductory course in Berkeley UNIX and "csh" Shell.

Scope: This course addresses how to begin using the Berkeley version of UNIX, including the "csh" Shell and the essential set of UNIX commands. Topics covered include Logon; logoff; passed command; file commands — cat, file, ls, grep, cd, pwd, mkdir, rmdir; editing with vi; I/O commands; the history variable, cp, mv, pr, sort, more, ln, head, tail; shell variables and aliases; programming constructs in shell procedures — if, while, foreach, switch; command substitution background processes — ps, kill, wait, sleep; additional commands as time allows.

Presentation Methods: Workshop. Deadline: July 15.

M.S. WORD ON THE MACINTOSH (12 hours)

July 19-21, 0800-1130, Training Center. By Donnie Goettig, Code 1411.

Prerequisite: Prior experience or training using the Macintosh computer.

Intended Audience: Macintosh computer users who want to learn Microsoft Word applications.

Scope: Topics include advanced desktop management, font/desk accessory management, formatting documents, using Microsoft Word and a discussion of alternate software packages.

Note: Enrollment restricted to persons with access to currently-installed Macintosh computers.

Deadline: July 5.

INTRO TO MACINTOSH (8 hours)

July 18, 0800-1600, Training Center. By Donnie Goettig, Code 1411.

Intended Audience: Beginning users of Macintosh computers. (Continued on Page 19)

THE FRAMERY

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CALL US AT 446-4222

Non-rated personnel get choice

Washington (NNS) — More opportunities are available in the rating entry for General Apprentices (REGA) program under OPNAVINST 1430.5C.

Now, undesignated strikers have more choices in picking a specific rating to enter. The new changes, which modify the old REGA program, were signed into effect by the chief of Navy personnel last month.

Significant changes to REGA are:
•Undesignated strikers may compete for any rating they desire with the exception of ratings with specific prerequisites, such as "A" school requirements or ratings not available to women.

•When necessary, maximum quotas for females will be established in certain ratings based on combat-exclusion requirements, sea/shore rotation, etc.

•Unless entry prerequisites change, ratings will remain designated as either "open" or "closed" for each exam cycle.

•Eliminates authority by individual commands to designate strikers. Striker designations will be centrally controlled through the advancement system to provide better control of Navy-wide rating imbalances.

•Eliminates need to ask permission from Naval Military Personnel Command to compete for a rating in the proper path of advancement.

•Semiannual NAVOP's will be issued at least two months before each advancement exam to provide projected E-4 advancement opportunity ranges and the estimated number of women who may be advanced in designated ratings.

Aerobics

For all of you early birds, there is now a Monday, Wednesday and Friday low-impact aerobics class being held on the main gym floor from 6 to 7 a.m. The class is held concurrently with the military's SWEAT program. All DOD employees and active duty military are eligible to participate in this class sponsored by the Wellness Program. What a great way to start out the day!

Watercolors

Jane Lola Porteous is the next artist to exhibit her watercolor paintings at the Sylvia Winslow Exhibit Gallery of the Maturango Museum. The show, entitled "The Wonderful World of Watercolor," will run from July 3 through August 2.

NWC HOTLINE

Integrity, efficiency program

Call: NWC ext. 3636 (24 hrs.)

or call the Inspector General at:

(800) 522-3451 (toll free)

288-6743 (Autovon)

(202) 443-6743 (commercial)

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NEX sales planned

According to a 1986 article from *Military Market* magazine, "Navy Commissaries are saving the patrons an average of 24.5 percent according to a 1986 price comparison survey where patrons saved 25.3 percent in the grocery department, 21.3 percent in the meat department and 24.4 percent in the produce department."

"A customer attitude survey was taken and customers were found to be essentially satisfied with Navy Commissaries."

It's time to celebrate the 4th of July. A great way to celebrate this holiday is with a visit to the China Lake Navy Exchange (NEX) and to

pick up some bargains.

The NEX holiday sale features:

- Fuji print film
- Tatung oscillating fan
- RCA-#CPR camcorder
- and \$50 savings on Goodyear tires.

Coming up July 12-24 is the NEX White Sale. Values available then will include:

- Cannon American Harvest towels
- Leacock Clara Bell sheets
- and houseware savings.

Also, China Lakers are reminded of the NEX Snack Bar deli and the culinary treats that keep bringing customers back.

More drivers on road

Licensed drivers in California increased to almost 18.6 million in 1987, according to figures released by the Department of Motor Vehicles.

The three percent increase in 1987 is less than the 3.3 percent rise registered in 1986, but still continues a pattern of uninterrupted growth in the number of California drivers.

As expected, Los Angeles County leads all others in the state with 5,404,200 licensed drivers. The number of licensed drivers in 34 of California's 58 counties is smaller than the 1987 increase of 123,200 in Los Angeles County. In contrast, Alpine

County has only 800 driver licenses on record.

Orange County keeps its number two ranking with 1,675,200 licensed drivers. San Diego and Santa Clara Counties also top the million mark with 1,558,500 and 1,044,500, respectively. Rounding out the top 10 counties in California are Alameda—831,300; San Bernardino—768,800; Sacramento—649,100; Riverside—610,700; Contra Costa—545,300 and San Francisco—455,800.

In addition to drivers licenses, DMV reports that more than four million identification cards now are in the hands of Californians.

NWC HOTLINE
Integrity, efficiency program
Call: NWC ext. 3636 (24 hrs.)

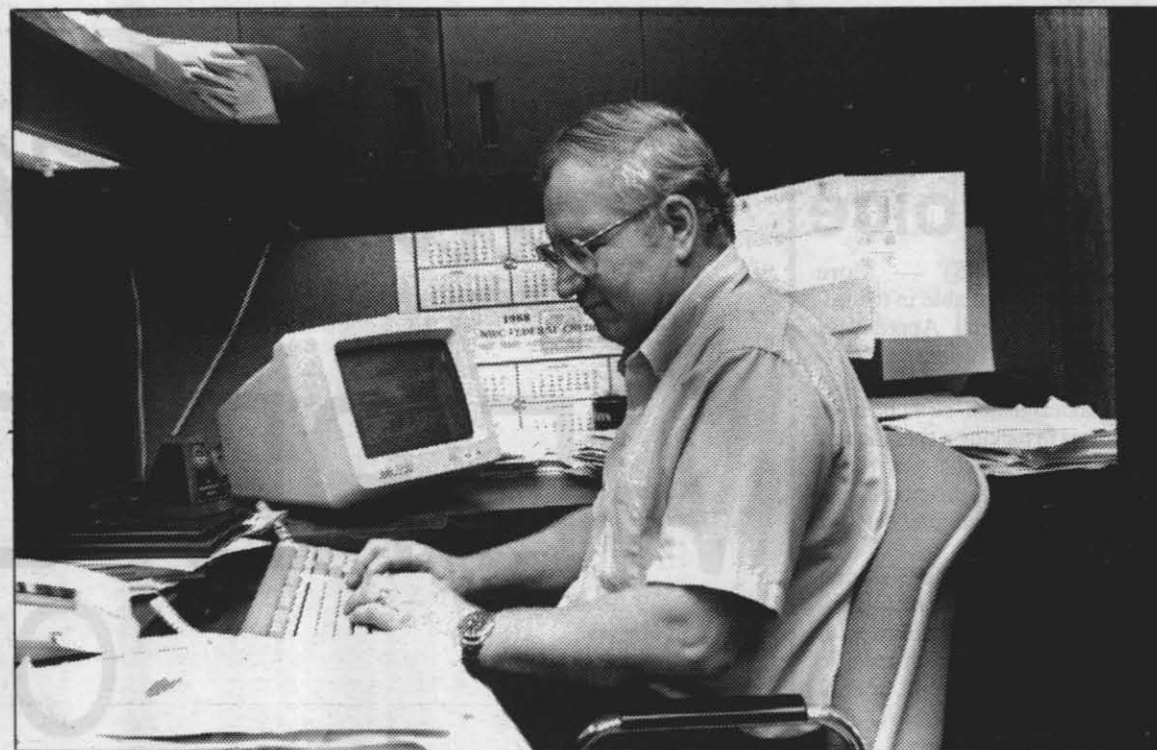
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GOOD IDEA—Bryan Hill thought of a better way to handle procurement of computers and information systems for the Naval Weapons Center and used the Model Installation Program to make it work. Hill recently received the Commander's Award for Excellence in Mission Support from Capt. John Burt, NWC Commander, for this successful MIPI. Photo by PHAN Cary Brady

Hill's ideas carry big ticket

Bryan Hill's Model Installation Program Initiative (MIPI) brought an estimated annual cost avoidance of nearly \$1 million to the Naval Weapons Center (NWC). This MIPI also brought the Commander's Award for Excellence in Mission Support to Hill at Monday's Commander's Meeting.

Capt. John Burt, NWC Commander, said he wanted to recognize the good work Hill had been doing.

The citation to accompany the award read in part, "Hill was responsible for the submission of a MIPI which increased the Center's computing and information (C&IS) acquisition approval authority up to \$10 million; eliminated burdensome

reporting requirements; and allowed development of annual department C&IS plans in lieu of multiple, separate and independent planning documents. This innovative review and approval process has resulted in an estimated annual cost avoidance of nearly \$1 million.

Hill's efforts also sliced the lead time for many C&IS purchases by up to six months at a time.

The availability of department plans has enabled Center management to have a broadly informed view of C&IS life cycle management needs. W. F. Ball, head of the Information Systems Group (Code 14), in nominating Hill said, "Using this data, Center C&IS requirements

have been consolidated into competitively acquired contracts resulting in acquisition and maintenance service cost reduction with a projected savings exceeding \$8.8 million over the next three years." Ball also noted the impact may be broader in the future if the Chief of Naval Operations MIPI board approves extension of the initiative to other Navy laboratories.

"This is the best job I've ever had," commented Hill, associate group head for Information Systems Management in Code 14. "You're allowed to do your job without a lot of constraints," added Hill.

Holiday sked for MWR

Holiday hours will be in effect for the Morale Welfare and Recreation facilities at the Naval Weapons Center for the Fourth of July.

The following facilities will be closed: Auto Hobby; Children's Center; Commissioned Officers' Mess; Top-4 Mess; Enlisted Mess; Craft Hobby; Information, Ticket & Tour Office; and the theater.

Sports-minded people can use the gymnasium from 11 a.m. to 6 p.m. Lap swim will be held in the indoor pool at the gym from 11 a.m. to 1 p.m. and open swim will be held from 1 to 5 p.m. The Commissioned Officers' Mess pool will be open from 11 a.m. to 7 p.m. and hours for the Enlisted Mess pool will be from 11 a.m. to 5 p.m.

Eligible patrons of Hall Memorial Lanes will be able to bowl from 12 noon to 9 p.m. and golfers can be out on the course from dawn to dusk.



Promotional opportunities

Applications for positions listed below are being accepted from Department of Navy employees currently working at NWC from eligible employees of attached activities who are permanently assigned to NWC. This group includes employees with career or career conditional appointments; employees with permanent Veterans Readjustment Act (VRA) appointments; temporary employees with reinstatement eligibility; and handicapped employees with Sch. (A) continuing appointments (who may be referred separately when they apply). Also included are spouses, with competitive status, of civilian sponsors hired by a DOD activity within NWC's commuting area. Applications from other groups will be accepted when specified in an advertisement. Vacancies are subject to restrictions imposed by the DOD Priority Placement Program. Applicants must meet all legal and regulatory requirements including minimum qualifications requirements by the closing date of the advertisement. Evaluation of applicant's qualifications will involve using at least two assessment measures (e.g., work experience, annual performance assessment rating and narrative, education, training, performance assessment and awards). Spouses of military sponsors apply at Room 231, same address as shown below.

HOW TO APPLY: Submit the following: a current application, SF-171 or other Personnel Department pre-approved form; and a copy of your most recent annual performance assessment narrative (note: a copy of your performance plan should be attached if the annual performance narrative description does not clearly state the tasks/duties performed). A supplemental narrative which relates your qualifications to each knowledge, skill or ability (KSA's) as cited in the advertisement is always desirable and may be required if stated in the vacancy announcement. Write the title, series, level (grade), and announcement number on all application materials. Not submitting the annual performance narrative may adversely affect your evaluation scores. Prior to submitting your application, complete Cover Sheet Form 12334/2, available at the reception desk. Make sure your address, phone number, etc. are current, correct and that all forms are complete and accurate. If information is missing, your qualifications may not be fully and completely rated. Additional information cannot be submitted after the closing date of the announcement. A current date and an original signature in ink on the last page completes the application. Civilian Spousal Program Eligibles must submit a copy of their sponsor's PCS orders with each application.

Application materials are accepted, and blank forms are available, at the Reception Desk, Room 100, Personnel Department, 505 Blandy. Announcements close at 4:30 p.m. on Friday, one week after the opening date of the announcement, unless otherwise specified. Applications received after 4:30 p.m. on the closing date will not be considered. Applications are retained in an announcement file and cannot be returned or filed in personnel folders. The Naval Weapons Center is an Equal Opportunity Employer; selections are made without discrimination for any non-merit reason.

No. 00-004, Writer/Editor (Printed Media), DA-1082-2/3, Code 0033—Incumbent conducts interviews, writes and edits feature and technical articles, uses initiative to develop news articles and assists editor in page composition. Incumbent conceives and plans news release packages in support of the Public Affairs Office and coordinates work of staff photographer. Prior newspaper experience or a degree in journalism is desirable. Applicants referred for selection will be required to submit copies of previously published material. **Job Relevant Criteria:** Ability to work well with all levels of Center management; skill in interpersonal relations; and ability to write and edit for publication.

No. 08-022, Accounting Technician, DG-525-1/2, Code 08652—This position is located in the Quality Assurance Section in the Disbursing Branch of Central Staff. The Incumbent will audit vendor payment packages for certification of compliance to current regulations. Incumbent will be responsible for maintaining financial statistical logs, balancing IDA database, distributing reports, match advice of payments to vendor packages and research status of vendor payments. **Job Relevant Criteria:** knowledge of Navy Industrial Fund accounting principles; ability to work accurately with figures; ability to work independently. Promotion potential to DG-3; but not guaranteed.

No. 31-034, Electronics Technician, DT-856-2/3, Code 3145—Multiple vacancies. These positions are located in the A-

semester hours in chemistry, and 18 semester hours in any combination of the following fields: chemistry, physics, engineering, health physics, environmental health, biostatistics, biology, physiology, toxicology, epidemiology or industrial hygiene. **OR** four years of progressive technical experience and education that provided an understanding of sciences applicable to the fields of industrial hygiene. This experience must have been supplemented by 12 semester hours in chemistry, plus 18 additional semester units as specified above. No written test is required, but applicants must be citizens of the United States. **No Civil Service status is required.** Full performance level of the position is GS-11, but not guaranteed. Applications to the above address should include: (1) Personnel Qualifications Statement, SF-171, (2) List of college courses, OPM Form 1170/17, or college transcripts, and (3) if you are claiming 10 points veterans preference you must include Standard Form 15 dated within the past 12 months. The application must be postmarked no later than the closing date of the announcement, 08 Jul 88.

No. 31-033, Interdisciplinary (General Engineer, Electronics Engineer / Aerospace Engineer / Physicist / Mathematician), DP-801/855/861/1310/1520-3, Code 3144—This position is located in the F/A-18 Avionics & Weapons Integration Branch in the System Integration and Evaluation Division (Code 314) of the Aircraft Weapons Integration Department. The branch is responsible for avionics and weapons integration for the F/A-18 aircraft and for avionics integration for the A-7 aircraft. The incumbent is responsible for (1) designing and developing functional requirements for F/A-18 avionics and weapons systems integration, (2) analysis of the digital and analog interface requirements for the integration of the systems with the aircraft, (3) manage all aspects of laboratory, ground and flight test, and evaluation of the avionics/weapons systems. **Job Relevant Criteria:** Knowledge of tactical/attack aircraft avionics systems; knowledge of systems integration procedures; knowledge of avionics and weapons systems test and evaluation procedures; ability to deal with all levels of technical personnel. In addition to X-118 criteria applicant must possess knowledge of tactical/attack aircraft. Promotion potential to DP-4, but not guaranteed. Previous applicants need not apply.

No. 31-034, Electronics Technician, DT-856-2/3, Code 3145—Multiple vacancies. These positions are located in the A-

7E/F/A-18 Test and Instrumentation Branch, Aircraft Weapons Integration Department. This branch is responsible for providing flight test engineering and airborne instrumentation support for the A-7E and F/A-18 tactical aircraft. Incumbents will assist and/or provide direct support to engineering design, fabrication, modification, and post installation maintenance/repair of tactical aircraft instrumentation systems. Jobs may require some overtime in support of flight operations. **Job Relevant Criteria:** Knowledge of tactical aircraft electronic systems; knowledge of flight support and test range operations; knowledge of test range instrumentation; knowledge of

digital and analog circuits design; ability to use electronic test equipment. Promotion potential DT-3 but not guaranteed.

No. 62-020, Secretary (Typing), DG-318-3/4, Code 62—Incumbent will provide secretarial support to Head, Range Department and Associate Head.

Job Relevant Criteria: Knowledge of correspondence and other secretarial procedures; ability to organize, prioritize, and schedule complex workload, ability to deal with all levels of personnel. Macintosh experience desirable. Promotion potential to DG-4. Status eligibles may apply.

Reassignment opportunities

This column is used to fill positions through reassignment only. For this reason, the Reassignment Opportunity Announcements are separate from the Promotion Opportunities column in the Rocketeer. Applications will be accepted until the date stated in the announcement. Employees whose work history has not been brought up to date are encouraged to file an SF-171 or 172. All applicants must meet minimum qualification requirements established by the Office of Personnel Management. Information concerning the recruitment and placement program and the evaluation methods used in these reassignment opportunities may be obtained from Personnel Management Advisors (Code 096 or 097). Applications should be filed with the person whose name is listed in the announcement. The Naval Weapons Center is an Equal Opportunity Employer.

No. 62-010, Interdisciplinary (General/Electronics/Mechanical/Aerospace Engineer/Physicist/Mathematician/Computer Scientist), DP-801/855/830/861/1310/1520/1550-3, Code 62C—Serves as the focal point for program offices and other sponsors for test work on the NAVWPNCEN ranges. Responsibilities include test planning, fiscal management, test coordination, analysis and documentation of assigned projects. The incumbent serves as the primary contact with sponsors, technical and

administrative associates, center managers, contractors and national associates. Sponsors are from both on-center and off-center which includes SPAWARS, Marines, Air Force, Army, private industry and foreign military. Little or no travel is required. Good balance between desk work and field work. Incumbent must be able to communicate effectively with all levels of center management; to work effectively with people. To apply send an updated SF-171 to Larry Thompson, code 62C, NWC ext. 6805.

Secretarial opportunities

This column is used to announce secretarial positions for which the duties and job relevant criteria are generally similar. Secretaries serve as the principal clerical and administrative support in the designated organization by coordinating and carrying out such activities. Secretaries perform numerous tasks which may be dissimilar. Positions at lower grades consist primarily of clerical and procedural duties and, as positions increase in grade, administrative functions become predominant. At the higher levels, secretaries apply a considerable knowledge of the organization, its objectives and lines of communication. Depending on grade level, typical secretarial duties are implied by the job relevant criteria indicated below.

Applicants will be rated against four or more of the following job relevant criteria: (1) ability to perform receptionist and telephone duties; (2) ability to review, track, screen and distribute incoming mail; (3) ability to review outgoing correspondence; (4) ability to compose correspondence and/or prepare non-technical reports; (5) knowledge of filing systems and files management; (6) ability to meet the administrative needs of the office; (7) ability to train clerical personnel and organize workload of clerical staff processes; (8) ability to plan and coordinate travel arrangements; (9) ability to maintain and coordinate supervisor's calendar and to arrange conferences.

Unless otherwise indicated, applicants for branch secretary will be rated on elements 1/2/3/5/6; division secretary applicants will be rated on elements 1/2/3/4/7/8/9; Program Office secretary applicants will be rated on elements 1/2/3/4/5/8/9; and department secretary applicants will be rated on elements 4/7/8/9. A SUPPLEMENTAL FORM IS REQUIRED AND MAY BE OBTAINED IN ROOM 100 OF THE PERSONNEL BUILDING.

No. 33-011, Secretary (Typing), DG-318-1/2, Code 3333—Incumbent will provide clerical and administrative support to the Advanced Technology Projects

Branch. Knowledge of an IBM PC-XT is desirable but not required. Promotion potential to DG-2, but (Continued on Page 18)

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SPECIAL HONOR—Secretary of the Interior, Donald Hodel (right) was joined by Ed Hastey, California BLM director, in presenting a special certificate of appreciation to the Naval Weapons Center last week. The Center was recognized for working with the Bureau of Land Management on geothermal development. Dr. Carl Austin (left) and Capt. John Burt, NWC Commander, represented the Center at the ceremony held at Ft. Irwin.

New tool aids EEO effort

DOD military and civilian and U.S. Coast Guard equal opportunity officers have a new tool available to help them provide commanders and their staffs with the latest information on equal opportunity issues.

Sponsored by the Defense Equal Opportunity Management Institute at Patrick Air Force Base, Fla., the Defense Equal Opportunity Bulletin Board will provide information on a variety of issues including:

- Data on ethnic groups;
- Information on women in the military;
- Listings of equal opportunity professional meetings and conferences, civilian and military seminars, including dates, locations and points of contact;

•Racial, ethnic and gender statistics for both DOD and the U.S. Coast Guard;

•Reports from studies conducted by the institute's summer faculty research program;

•Background information and the latest available facts on selected extremist groups; and

•Selected articles from past and current issues of the institute's publication, *Reflections*.

Authorized users — primarily military, DOD civilian and Coast Guard equal opportunity officers — will be able to access the system if they have a computer, modem and communications software.

Users must obtain an access code and password to use the system. For a

temporary access code, contact the Defense Equal Opportunity Management Institute at (407) 494-2675 or AUTOVON 854-2675. Navy Lt. Joseph A. Nobles is the system operator. For permanent access, follow up the request in writing with the following information:

- Name, rank, position and Social Security number of each system user;
- Temporary access code and password;
- Unit name; and
- Duty telephone number of the primary command representative.

Send the request through your immediate commander to DEOMI/DER, ATTN: SYSOP, Patrick AFB, FL 32925-6685.

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2 Bdrm. \$460.00/mo.
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Save 1 month's rent with a 6 month lease
Dinner for 2 at the Golden Corral with a 6 month lease

Massive air display in San Diego July 15

More than 35 World War II bombers, fighters, transports, trainers and amphibious aircraft will be flown to San Diego's Brown Field on Otay Mesa Friday, July 15, for a three-day historic air power display. Many of the aircraft at the air show will be flown in formation around the San Diego area on Friday from 3 to 4 p.m.

Admission to the Confederate Air Force (CAF) aircraft show is \$6 at the gate with children under 12 admitted free. Military personnel in uniform will be admitted free on all three days. Entertainment includes 1940's Big Band era music.

Among the bombers expected are a B-17 Flying Fortress, two B-25 Mitchell bombers, a Douglas A-26 Invader, a TMB Torpedo bomber and a PB-5 Catalina patrol bomber.

CLIP and SAVE

Two Golden Fried Chicken Filet Dinners
\$7.99

Good through 7/10/88
Good for entire party. Individual dinner may be purchased at 1/2 the stated price. Not valid with other offers. At participating restaurants. Tax not included.

Golden Corral
1030 N. Norma

10 oz. Sirloin Dinner and All-you-can-eat Salad Bar
\$7.00

Good for Entire Party.
Not valid with other offers.
Expires 7/10/88
Golden Corral
1030 N. Norma

Anglers successful

Using a variety of baits, anglers are having good luck in the eastern Sierra region recently. One angler was lucky enough to catch a 10 1/2-pound brown in the East Walker River.

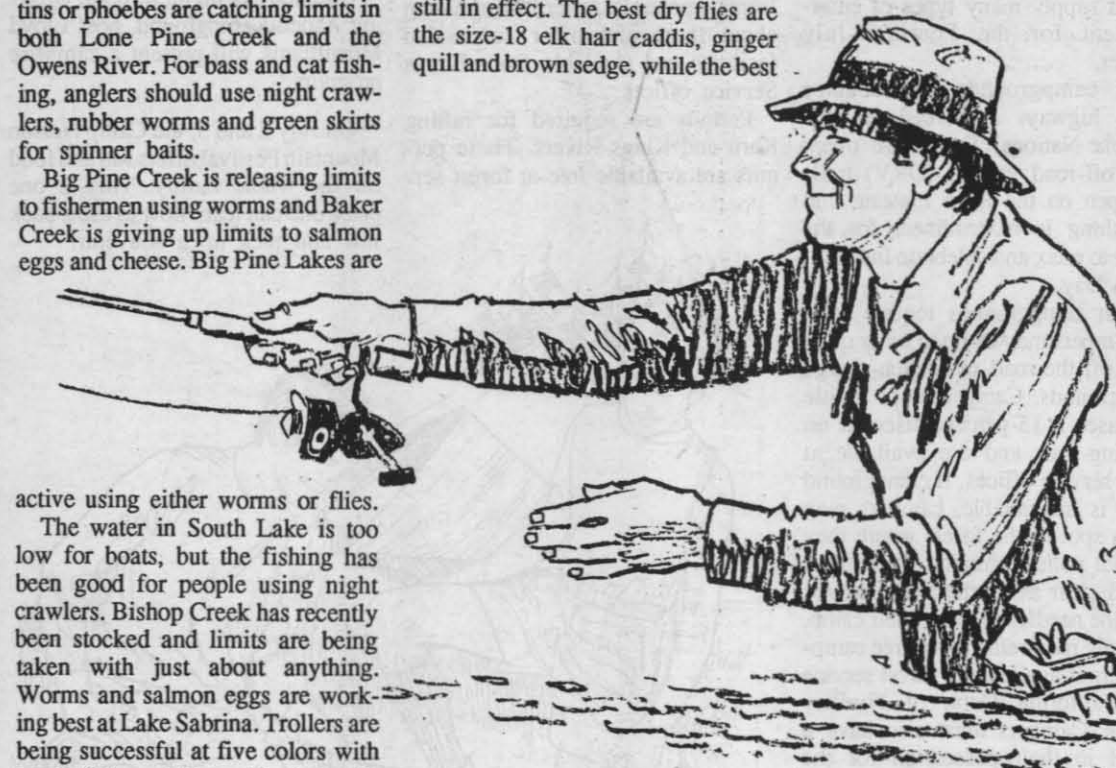
Silver kastmasters, panther martins or phoebes are catching limits in both Lone Pine Creek and the Owens River. For bass and cat fishing, anglers should use night crawlers, rubber worms and green skirts for spinner baits.

Big Pine Creek is releasing limits to fishermen using worms and Baker Creek is giving up limits to salmon eggs and cheese. Big Pine Lakes are

cheese. Trolling is being done at four colors with flat fish. Perch fishing is good for fishermen using yellow or purple crappy jigs.

Fly fishermen at Hot Creek should be using barbless hooks only. The catch and release program is still in effect. The best dry flies are the size-18 elk hair caddis, ginger quill and brown sedge, while the best

and trolling is at four and a half to five colors with red magic or orange kastmaster. Yellow marshmallows, salmon eggs and crawlers are best for still fishing. Fly fishermen using elk hair caddis, goodard caddis, stone flies and pale morning duns



active using either worms or flies.

The water in South Lake is too low for boats, but the fishing has been good for people using night crawlers. Bishop Creek has recently been stocked and limits are being taken with just about anything. Worms and salmon eggs are working best at Lake Sabrina. Trollers are being successful at five colors with needlefish and Dave Davies with worms. Fly fishing has also been good in the mornings and evenings for people using mosquitos or white millers. Green Body mosquitos, small worms and red eggs should be used at North Lake and crickets, worms red eggs and Sierra specials are the best bet at Owens River.

A variety of bait is being used at Pleasant Valley Reservoir and cheese salmon eggs and flies are best at the Rock Creek. Flies, such as the mosquito or the Rock Creek special and bubble, are working at the lake in the Rock Creek area. Any kind of silver lure is working.

Still fishing at Convict Lake is good for people using worms and garlic marshmallows. Trolling is being done at four colors with baby rainbow and baby brown trout flies or silver needlefish.

For best results for still fishing at

wet flies are pheasant tail, brassies, olive cassis larva and pupa and zug bugs.

In the upper lakes, the fishing has been good using lures — either syclops or Sierra specials. For bait fishing, try Zeke's floating bait. The inlet has been releasing limits with worms and salmon eggs. Anyone fishing in the creeks should use worms and salmon eggs. Trolling is at four to six colors using needlefish.

Good fishing is the word for all four lakes in the June Lake area, but the best fishing is at Gull and June Lakes. Trolling is at three to four colors for people using needlefish and crawlers. Still fishermen are having the best luck using eggs, marshmallows and floating bait. Fly fishing is great on Rush Creek with white miller and California mosquito.

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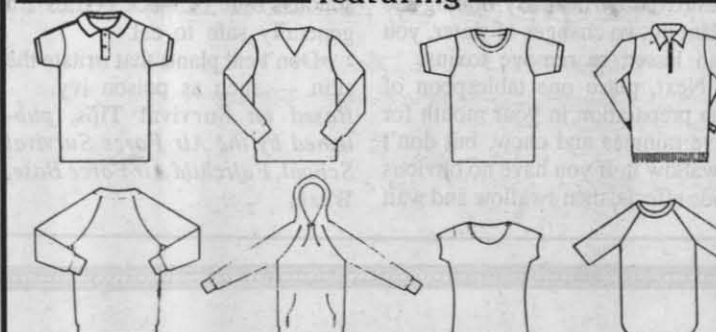
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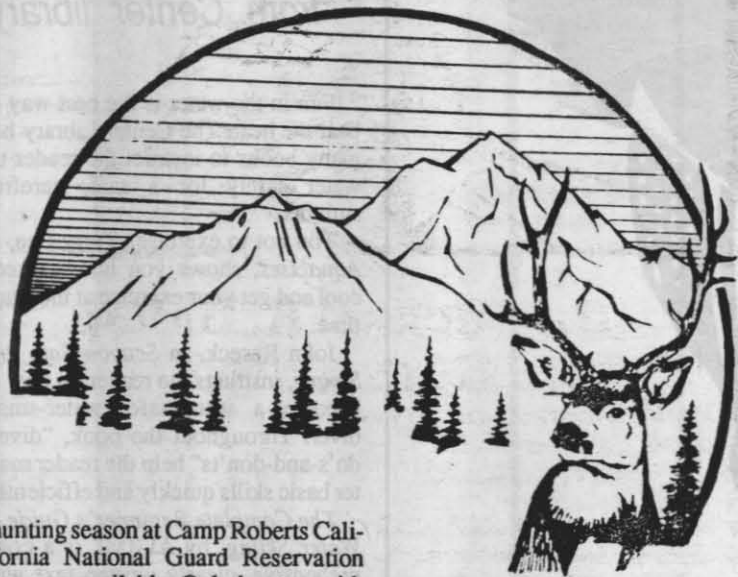
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Applications now due! For fall deer and wild pig hunt

Opening day reservation applications for the fall deer and wild pig hunt are now available to seek deer, wild pigs, rabbits, doves and coyote in season.



hunting season at Camp Roberts California National Guard Reservation are now available. Only hunters with reservation permits will be allowed to hunt Camp Roberts on opening day, Aug. 27.

The season runs 10 days and is limited to a daily quota of 225 hunters. Reservations are available for opening day only. All other days, the quota is filled on a first-come, first-served basis.

Hunters with valid licenses will be

The Nacimiento River on Camp Roberts will be open to trout fishing as well. A California sport fishing

license and a Fort Ord Complex fishing permit are required.

Reservation applications are available by sending a stamped, self-addressed legal-sized envelope to:

Camp Roberts Wildlife Program
Dept. of Fish and Game
P.O. Box 6327
Los Osos, CA 93412-6327.

Applications must be received by Aug. 1 to be included in the Aug. 3 drawing. Fees for access to Camp Roberts are \$8 per day or \$30 for an annual permit.

A 24-hour information recording on the Camp Roberts Hunting Program is available by calling (805) 238-8167.



Weather Report

	Max	Min	Peak Gusts	Precip
Thurs.	98	73	24 knots	.23
Fri.	105	71	— knots	—
Sat.	97	66	— knots	—
Sun.	106	65	10 knots	—
Mon.	108	70	— knots	—
Tues.	107	69	— knots	—
Wed.	105	62	— knots	.15

All measurements are made at Armitage Airfield.

Racquetballers! NWC's organizing intramural league

Naval Weapons Center's Recreational Services Department's Sports Branch is now

current Athletic Membership Card or must buy a special Intramural Sports Activity Card for



organizing an Intramural Racquetball League for men and women in both single and doubles competitions.

Sign-ups for the league are now being conducted at the gymnasium. To be eligible for play, league patrons must possess a current military identification,

racquetball. The last day to register to play is Tuesday, July 19. The league is scheduled to play on Tuesday and Thursday evenings beginning July 26.

For further information about the new racquetball league, call the Sports Branch at NWC ext. 2334.

Force alone can't subdue terrorism

What's the best way to counter the seemingly random acts of organized violence taking place in just about every corner of the world?

Military force alone is not the answer. That's what an Army team, which consulted with the Defense and State departments, the Joint Chiefs of Staff, the Central Intelligence Agency and other organizations in and out of government, recently concluded.

Low-intensity conflict, as defined by the Joint Chiefs of Staff, is "a limited politico-military struggle to achieve political, social, economic or psychological objectives." Among the most commonly known forms of low-intensity conflict are terrorism and insurgency.

With a focus on Central American conflicts, the Army chief of staff directed the team to develop a common low-intensity conflict data base, to develop lessons learned and to identify the implications for national strategies and their impact on military operations for low-intensity conflict.

The project team's conclusion: Low-intensity conflict is rooted not only in military, but also in psychological, sociological, economic and diplomatic factors. To counter the threat, you need to deal with every element of the formula — countering force with force, ideas with ideas and diplomacy with diplomacy.

This requires a clear understanding of what low-intensity conflict is and a comprehensive national strategy to counter it.

The project team concluded that the United States has neither. In focusing its attention on deterring nuclear and conventional war, the United States has overlooked the threat of low-intensity conflict, the team determined.

When the United States has confronted low-intensity conflicts, it has traditionally been with a military response — a response based on conventional doctrine not even suited to the demands of low-intensity conflict.

"As a nation, we do not understand low-intensity conflict; we respond without unit of effort; we execute our activities poorly; and we lack the ability to sustain operation," the team reported.

This has left the United States with an Achilles heel, according to the project team. And more and more, U.S. adversaries are taking advantage of that vulnerability, using low-intensity conflict to achieve their political, social, economic or psychological goals.

Indications are that this threat will only increase in the future. Secretary of State George P. Shultz said low-intensity conflict is the major challenge to be faced by the United States at least for the rest of the 20th century.

The first step toward resolving this problem, the project team concluded, is a comprehensive national strategy that integrates all national resources — military and civilian — needed to defend U.S. interests from low-intensity conflict.

This strategy should not focus on a single conflict or a single government agency or department, the group advised. Instead, it should integrate all available resources and detail explicitly which government activities are responsible for dealing with which aspects of the threat.

But just as important as a national strategy, the United States needs the perseverance and long-term commitment to meet the low-intensity threat.

Often the primary U.S. role in countering low-intensity conflict is to support an ally in its struggle. This indirect involvement, generally in the form of training, equipment and other support, is provided to decrease the need for combat forces to protect threatened U.S. interests, the project team said.

The team agreed a dedicated research, development and acquisition program is needed to improve the United States' ability to assist these countries in their struggles.

"In the final analysis, this nation's own freedoms, our very freedom of movement, depend upon a world that largely supports these goals," the committee concluded. "Our unwillingness to support others in their fight only causes us to live in an increasingly dangerous world, with fewer and fewer options to defend our own society."

By Donna Bolinger — American Forces Information Service

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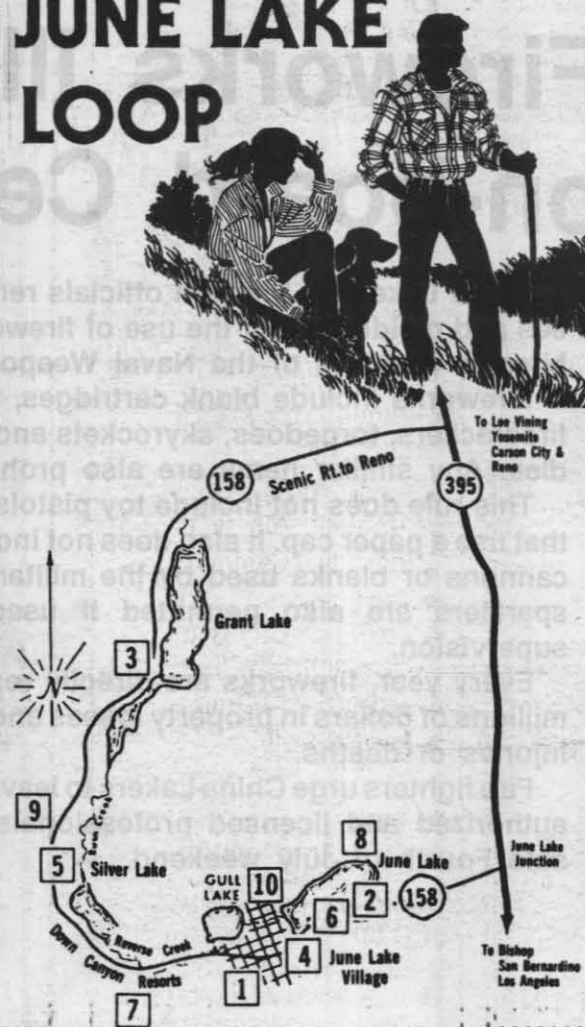
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Fourth means fireworks, picnics and travels

There's something about the Fourth of July. We listen to "The Star Spangled Banner" while watching a fireworks display, enjoy a picnic and generally celebrate our good fortune at being Americans.

Safety doesn't usually make the list, but it's no less important. First of all, consider fireworks safety.

Military safety people hope you'll watch the display put on by the professional fireworks people on your installation or in your community rather than try to do it yourself.

Individuals in military housing are not allowed to use any fireworks that are illegal in that state, but some base commanders restrict them even further. For example, while the state of Maryland permits sparklers, Andrews Air Force Base prohibits them.

That's because even seemingly innocent fireworks such as sparklers can cause injury. One 8-year-old girl, for example, received second- and third-degree burns on her leg when a sparkler ignited her dress.

According to the Consumer Product Safety Commission, an estimated 9,000 people were treated in hospital emergency rooms last year for injuries from fireworks. About half the victims were under 15 years old. Perhaps due to stricter fireworks laws, stepped-up enforcement and greater public awareness, the number of injuries is going down — in 1985, 10,300 people were injured — but any is too many.

If you're going to use fireworks, safety experts say to follow these guidelines:

- Do not allow younger children to play with fireworks. The sparkler, considered by many to be the ideal "safe" firework for the young, burns at very high temperatures and can easily ignite clothing. Children can't appreciate the danger involved.

- Allow older children to play with fireworks only under close adult

supervision. Don't allow any horse-play around fireworks.

- Read and follow all warning instructions printed on the fireworks label before use.

- Light fireworks outdoors in a clear area away from houses and flammable materials.

- Keep a bucket of water nearby for emergencies.

- Don't try to relight malfunctioning fireworks. Soak them in water and throw them away.

- Be sure other people and pets are out of range before lighting fireworks.

- Never light fireworks in a container, especially one of glass or metal.

- Store fireworks in a dry, cool place. Check instructions for special storage directions.

Fireworks aren't the only Fourth of July hazard. Drunk driving is even more dangerous due to the increase of traffic during a holiday weekend. Add the influence of alcohol to the fatigue caused by hot weather and the long distance many people drive, and you've got a recipe for trouble.

Most military and civilian police step up their vigilance to spot drunk drivers over the holiday, but they may not get them all; therefore, all drivers should drive a little more defensively to avoid accidents.

If you're a motorcyclist, don't let holiday high spirits tempt you to ride too fast. Trying to negotiate curves while speeding is one of the most common causes of motorcycle accidents. Advice on defensive driving goes double for bikers. Car drivers who have hit motorcycles often say they didn't see them — such drivers may be even less likely to see you if they've been drinking or are tired.

Although it may seem a little grim to think about accidents during a holiday, taking a few simple precautions to avoid an accident is better than spoiling a holiday by having one.

Military and nation observe 4th in a country of freedom

As the American people prepare to celebrate 212 years of uninterrupted freedom on this July 4th, I am very proud to salute you—the men and women of the Army, Navy, Air Force, Marine Corps, and Coast Guard. It is through your dedication to duty and country that the hard-won independence our forefathers struggled so valiantly to obtain has endured.

Americans across this great nation are also proud. They will celebrate in hundreds of cities, towns, and rural communities, march in parades, and light up the skies to honor this great day in American history.

This day continues to symbolize our freedom to all the oppressed nations of the world. It is a day the men and women of the Armed Forces who serve so diligently around the world send an important message: The United States is a country of free people and will protect that freedom at all costs.

That which is valuable does not always come easily. Over the course of history, Americans have always heeded the call—and many have died—to protect a nation that stands for liberty and justice for all.

I am proud to serve with the men and women of the Defense team. You are valiant guardians of freedom and worthy successors to the preceding generations of Americans who gave reality to the reasons we celebrate our Declaration of Independence.

Frank C. Carlucci
Secretary of Defense



Fireworks illegal on-board Center

China Lake Fire Division officials remind employees and residents that the use of fireworks is prohibited in all parts of the Naval Weapons Center.

Fireworks include blank cartridges, toy cannons, firecrackers, torpedoes, skyrockets and Roman candles. Any similar items are also prohibited.

This rule does not include toy pistols and devices that use a paper cap. It also does not include saluting cannons or blanks used by the military. Hand-held sparklers are also permitted if used with adult supervision.

Every year, fireworks are directly responsible for millions of dollars in property losses and hundreds of injuries or deaths.

Fire fighters urge China Lakers to leave fireworks to authorized and licensed professionals and have a safe Fourth of July weekend.

Reading:

*Beating the heat
with a good book
from Center library*

Fun in the water is the best way to beat the heat. The Center Library has many books to instruct the reader on water safety for a safe, carefree summer.

Too hot to exercise? Terry Lee, in *Aquacises*, shows you how to keep cool and get your exercise at the same time.

John Reseck, in *Scubba Safe and Simple*, instructs the reader on how to become a water-safe, water-smart diver. Throughout the book, "diver-do's-and-don'ts" help the reader master basic skills quickly and efficiently.

The Complete Beginner's Guide to Water Skiing, by Al Tyll, is a comprehensive, clearly written text with over 350 photographs and diagrams and all the information a beginner could want to know about the fast-growing sport of water skiing.

Maryalice Fairbank Miner's *Water Fun* is an instructive guide to swimming and water games for the whole family.

Running the Rivers of North America, by Peter Wood, provides excellent advice to canoeing, kayaking and rafting down more than fifty rivers.

The Complete Book of Swimming, by Dr. James E. Counsilman, is for swimmers of every level. This book is well-illustrated and includes good explanations and examples of stroke mechanics.

The Macmillan Book of Boating, by William N. Wallace, is a lively history of boating, from Cleopatra's barge through America's Cup, as well as steam yachts, schooners, sandbaggers, outboard runabouts and cruisers to sailing and powerboating today.

Water Fun for Everyone, compiled by the Council for National Cooperation in Aquatics, includes games, stunts, parties, shows, contests, synchronized swimming and how to plan and lead these activities for all ages.

The library is open Sundays from 10 a.m. to 6 p.m., Mondays through Fridays from 9 a.m. to 8 p.m., and is closed on Saturdays.

By Elizabeth Shanteler
Center Librarian

Safe driving tips

A driver is no safer than his most careless act.

A little patience at an intersection prevents a lot of patients at the hospital.

A thinking driver doesn't drink — a drinking driver doesn't think.

Beware that tail light ahead — it may be standing still.

